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RAC issues driving advice as Arctic blast set to arrive

RAC spokesman Simon Williams said: “While we’ve enjoyed an unusually mild autumn so far, this weekend is about to see us snap back to something much more seasonal.

“The cold weather will really take its toll on cars that have seen little love over the summer and autumn months. To avoid the chances of a chilly breakdown at the side of the road, drivers should give their vehicles a little TLC.

"Top up screenwash and antifreeze before setting out, and start the car a couple of times over the weekend to check there is enough charge in the battery – don't leave this until Monday morning; if you do, you might be starting the new working week broken down at home. When out on the road, be prepared for the weather to change suddenly and adjust your speed and driving style to suit the conditions."

The press office email address is press.office@rac.co.uk and media centre is at media.rac.co.uk. **Please note:** the press office is unable to help with individual customer enquiries - please visit the [RAC contacts page](#) to find the right contact.

About the RAC

The RAC, an iconic UK brand, provides complete peace of mind to nearly 14 million UK private and business drivers, whatever their motoring needs. As well as its premium nationwide breakdown assistance service – with an expert branded patrol workforce attending more than two million breakdowns every year – it offers a wide range of market-leading products across insurance, legal services, vehicle inspections and service, maintenance and repair. Included in this is the first-of-its-kind nationwide Mobile Mechanics service which brings the garage to homes and workplaces.

At the forefront of new solutions for business fleets and consumers, the RAC's breakdown service is electric-ready with mobile EV charging technology and can be called on using [myRAC](#) – the all-in-one route planner, fuel finder and breakdown reporting app.

Visit the [RAC website](#).

Contacts



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