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Strong winds and heavy rain set to hit UK as Storm Darragh named - RAC comment

Following the Met Office's rare amber weather warning for Storm Darragh, RAC Breakdown spokesperson Alice Simpson said: "This relatively rare amber warning must be taken extremely seriously by drivers as it affects a huge stretch of the west coast on Saturday, from Scotland to Cornwall and Northern Ireland. If possible, those in affected areas should avoid driving or consider bringing their journeys forward so they aren't caught out in the worst weather. It's best to steer clear of exposed routes where the likelihood of being blown off course is very high, slow down so you have more control over your vehicle and look out for debris on the road like fallen branches or

other dangerous objects. Parking under or near trees can also be hazardous in high winds."

The press office email address is press.office@rac.co.uk and media centre is at media.rac.co.uk. Please note: the press office is unable to help with individual customer enquiries - please visit the RAC contacts page to find the right contact.

About the RAC

The RAC, an iconic UK brand, provides complete peace of mind to 14 million UK private and business drivers, whatever their motoring needs. As well as its premium nationwide breakdown assistance service – with an expert branded patrol workforce attending more than two million breakdowns every year – it offers a wide range of market-leading products across insurance, legal services, vehicle inspections and service, maintenance and repair. Included in this is the first-of-its-kind nationwide Mobile Mechanics service which brings the garage to homes and workplaces.

At the forefront of new solutions for business fleets and consumers, the RAC's breakdown service is electric-ready with mobile EV charging technology and can be called on using myRAC – the all-in-one route planner, fuel finder and breakdown reporting app.

Visit the RAC website.

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