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## Nearly one-in-five young people admit to video calling while driving

The rise in popularity of the likes of FaceTime, Facebook Messenger, WhatsApp and Snapchat for video calls is posing a new and present danger on the UK's roads, with almost one-in-five (18%) of drivers aged 17-24 admitting to taking part in video calls while behind the wheel, figures for the [RAC Report on Motoring](#) 2020 reveal.\*

Younger drivers are more than twice as likely to say they make or receive video calls while driving – on average 8% of all UK drivers say they do this,

with the figure rising to 13% among those aged 25 to 44. Equally worrying is the finding that just under one-in-10 drivers aged 17 to 24 (9%) say they play games on their phones while driving, making them three-times more likely to do this compared to the average UK driver.

Other drivers' use of handheld phones is the second biggest overall motoring-related concern identified in the 2020 RAC Report on Motoring research, after the state of local roads – a third of all UK drivers surveyed (32%) say the issue concerns them and strikingly nearly eight-in-10 (79%) now want to see camera technology introduced to catch drivers acting illegally.

Alarmingly, 29% of drivers of all ages in 2020 say they make and receive calls on handheld phones while driving, that's 5% more than last year and the highest proportion since 2016. While younger drivers are still more likely to do so (42%, down from 51% last year), those in the 25 to 44 age group are also statistically more likely to break the law in this way (32% admit to doing so, almost unchanged on 2019's figure of 33%).

More positively, the proportion of drivers admitting to other dangerous activities such as checking or sending text messages or taking photos or video appear to be reducing – although it is unclear whether this is simply down to lower overall car use this year as a result of the pandemic. Eight per cent of all drivers say they text or send other messages while driving, down from 14% last year and from a high of 20% in 2016. But young drivers are again much more likely to break the law – 15% of those aged 17 to 24 say they are doing it in 2020, although this is down substantially on 2019 (37%). More than one-in-10 motorists (14%) this year say they check texts or other app notifications while driving, down from 17% in 2019. Among younger drivers, the proportion is 22%, down from 35% last year.

The ongoing problem of drivers illegally using handheld mobile devices is a topic the RAC has studied closely since the 2016 Report on Motoring highlighted the issue was at 'epidemic levels' – a finding that sparked tougher penalties being introduced just a few months later. But four years on, the data suggests a renewed focus is needed to bring about a lasting change in behaviour among motorists, particularly younger drivers.

Given the enormous police resources required to 'catch drivers in the act', motorists seem particularly keen on enforcement taking place using cameras,

[something that has been pioneered in Australia](#). Of the 79% who support the introduction of camera technology to identify illegal mobile phone users in the UK, the vast majority (52%) are strongly in favour of this happening.

**RAC road safety spokesperson Simon Williams said:**

“Our figures highlight what many drivers already know – that the problem of illegal phone use at the wheel has far from disappeared. While there’s been a reduction in some elements of this dangerous activity, more people say they are making and taking calls now than at any point since 2016, shortly before tougher penalties were introduced.

“And the rise in the popularity of video calls means this type of communication represents a new, clear and present danger on the UK’s roads in 2020.

“Our findings from 2016 were a watershed moment which led to the UK Government calling for people to make illegal mobile phone use while driving as socially unacceptable as drink-driving. The fact drivers still state it’s their second biggest motoring concern of all shows that more progress still needs to be made here.

“It’s also the case that the bar to convict somebody under the current offence of using a handheld mobile phone while driving is high, making it difficult for the police to enforce. Any mobile phone activity that doesn’t involve telecommunications, such as checking text messages, recording a video or changing pre-downloaded music, is also, bizarrely, not covered by the set mobile phone law, although drivers could be convicted for not being in proper control of their vehicles.

“So, it’s significant that motorists are united in their desire to see camera-based technology, like that already in use in other countries, introduced on our roads to catch drivers who risk everyone’s safety by breaking the law in this way. If the behaviour of those who continue to think it’s safe to use a handheld phone while driving upwards of a tonne of metal is ever going to change, they need to believe there’s a reasonable chance of being caught.”

**Inspector Frazer Davey of the Avon and Somerset Police Roads Policing unit said:**

“The importance of concentrating on your driving cannot be overstated. Using a mobile phone while in charge of a car puts you and everyone else at risk. The consequences of allowing yourself to be distracted while you are driving can be catastrophic. It’s simply not worth it.”

**In summary: what drivers across the UK are admitting to doing**

Type of handheld mobile phone use while driving	2020 and 2019 figure (all drivers)	2020 and 2019 figure (drivers aged 17-24)
Make and receive calls	29%, <b>up</b> from 23%	42%, <b>down</b> from 51%
Send texts, social media posts or use the internet	8%, <b>down</b> from 14%	15%, <b>down</b> from 37%
Check texts, social media posts or app notifications	14%, <b>down</b> from 17%	22%, <b>down</b> from 35%
Take photos or record video	6%, <b>down</b> from 13%	14%, <b>down</b> from 35%
Make or receive video calls	8%	18%
Play a game on a mobile phone	3%	9%

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## **Notes to Editors**

\* The RAC Report on Motoring is an in-depth view of driver opinion and behaviour and has been running every year since 1989. It is conducted among a sample of the driving public who are representative of UK motorists. The 2020 survey was completed by 3,068 drivers

The press office email address is [press.enquiries@rac.co.uk](mailto:press.enquiries@rac.co.uk). **Please note:** the press office is unable to help with individual customer enquiries - please visit the [RAC contacts page](#) to find the right contact.

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## **About the RAC**

The RAC provides complete peace of mind to 12m UK private and business drivers, whatever their motoring needs. Its services include:

- **[Breakdown assistance](#)**. Its highly-skilled, 1,600-strong branded patrol workforce attends more than two million breakdowns every year, fixing on average four out of five vehicles at the roadside. The RAC's patrol fleet is one of the most advanced in the UK, and was the first to roll out both an [All-Wheels-Up recovery system](#), allowing the vast majority of vehicles to be recovered from a single patrol van, and [EV Boost](#) mobile electric vehicle charging units
- **[Insurance](#)**. The RAC is a top-five [car insurance](#) broker having surpassed the 500,000 policies-in-force milestone in 2018. It also offers '[black box](#)' [telematics policies](#), as well as home and travel insurance
- **[Other motoring services](#)**. The RAC leads in the development of new solutions for business, fleets, electric vehicles and future car technology. Its additional products and services include a [personal loans offering](#), a [used car buying website](#), [vehicle inspections and checks](#), [legal services](#) or up-to-the-minute [traffic and travel information](#). It also has a network of [Approved Dealers](#) and [Approved Garages](#) which combine the trust of RAC brand with local service and convenience

The RAC also works to support the interests of its members and UK drivers on the most important motoring issues which it identifies via the annual [RAC Report on Motoring](#) and the RAC Opinion Panel. The Report on Motoring is the longest running analysis of driver opinion in the UK having been published every year since 1989.

**For more information about the RAC, visit the [RAC website](#).**

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